

PORTFOLIO

MONA SOLEIMAN

Healthcare Designer
Master of Professional Studies in Design of Healthcare Environments (In Progress)

About Me



MONA SOLEIMAN

INTERIOR DESIGNER



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POROFILE

Results-driven Interior Architect / Interior Designer and **LEED Green Associate** with over five years of experience delivering code-compliant interior environments across residential and commercial projects. I bring an **analytical, research-informed** approach to design, shaped by healthcare design thinking and a strong interest in how environments support users, workflows, and well-being. My experience spans schematic design through construction documentation and coordination, including **space planning**, material and finish selection, furniture specification, and budgeting, developed through close collaboration with multidisciplinary teams. I am a **problem solver** by nature, focused on synthesizing complex requirements and translating operational and regulatory constraints into clear, buildable design solutions.

With a strong interest in healthcare environments, I am particularly drawn to **evidence-based** strategies, performance-driven design, and **human-centered** outcomes. Currently completing a Master of Professional Studies in Design of Healthcare Environments, I am committed to sustainable, high-performance interiors that support healing, efficiency, and long-term adaptability. **EDAC certification is planned.**

SKILLS

Software Skills

- AutoCAD 2D/3D
- Revit
- SketchUp

- Adobe Photoshop
- Adobe Illustrator-InDesign
- Microsoft Office Suite

Core Competencies

- Concept Developmenr
- Construction document
- Building Code
- Presentation board
- Sketching
- Space planning
- FF & E Specification
- Color theory and Material Selection

(Including Master Specifications)

100%

Professional Skills

- Communication
- Teamwork
- Attention to Detail
- Problem Solving
- Creativity

100%

EDUCATION

NEW YORK SCHOOL OF INTERIOR DESIGN

Master of Professional Studies in Design of Healthcare Environments - Expected August 2026

LIMKOKWING UNIVERSITY OF CREATIVE TECHNOLOGY

Bachelor of Arts in Interior Architecture - 2010-2013

LEED GREEN ASSOCIATE - July 2025

INTERNATIONAL BUILDING CODE COURSE - 2025 - SaddlebackCollege

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Wellness and Infusion Center

Outpatient Adolescent and Young Adult (AYA) wellness and immunotherapy center



Project 01

Project Area 4,500 sqft
Designer Mona Soleiman
Type Academic Work

Introduction

- 70,000+ adolescents and young adults (ages 15–39) are diagnosed with cancer each year in the U.S.
- AYA patients are underserved, especially in spaces that support emotional and psychosocial well-being.



Image courtesy of Google

Evidence-Based Reasons for Choosing This Age Group

- Slower Survival Improvement
- Psychosocial Vulnerability
- Transition Gap in Care
- Limited Age-Appropriate Spaces
- Higher Emotional Fatigue and Stigma

Key Factors:

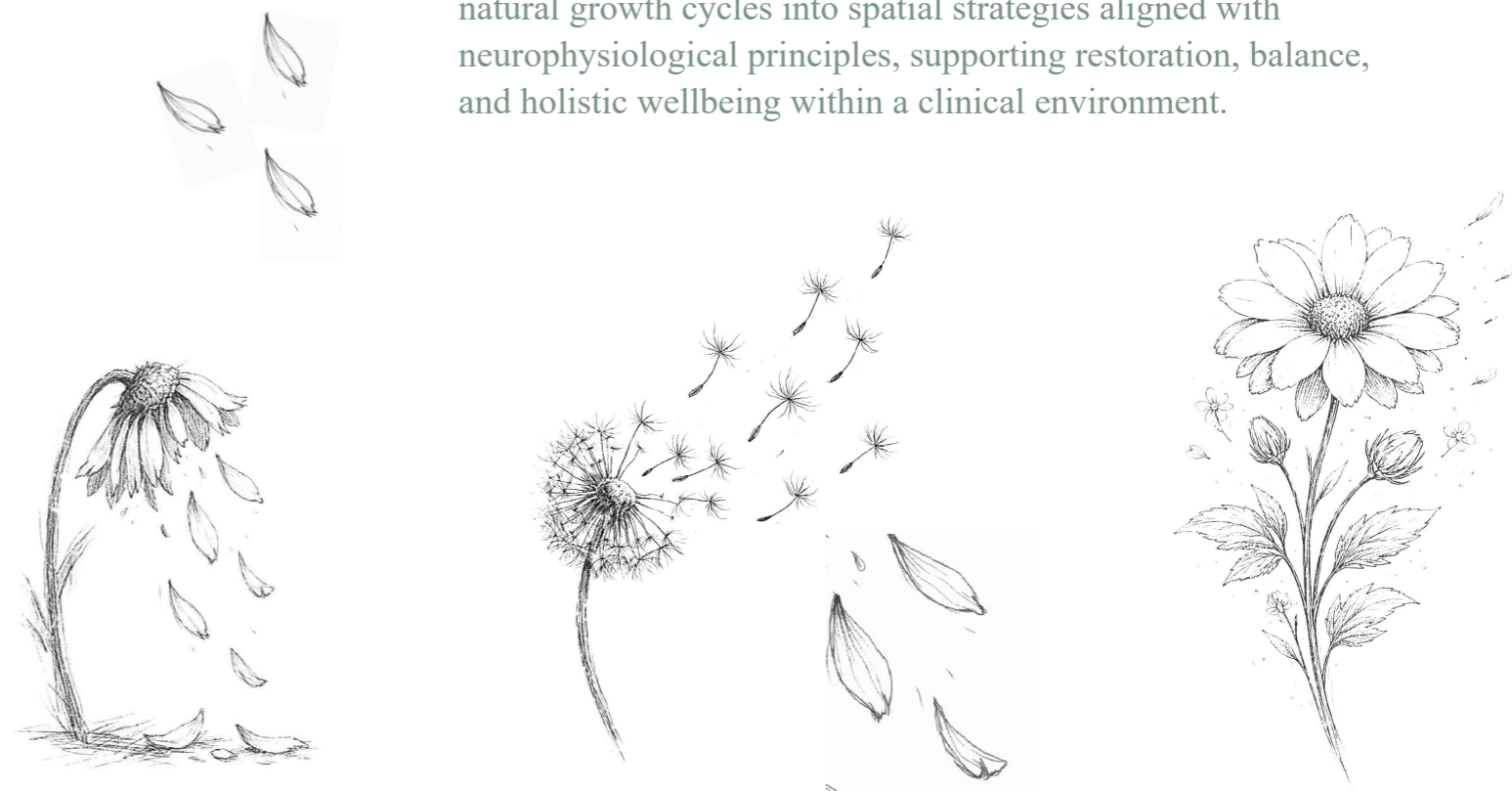
- Delayed diagnosis
- Limited access to clinical trial
- Lack of age-appropriate environments



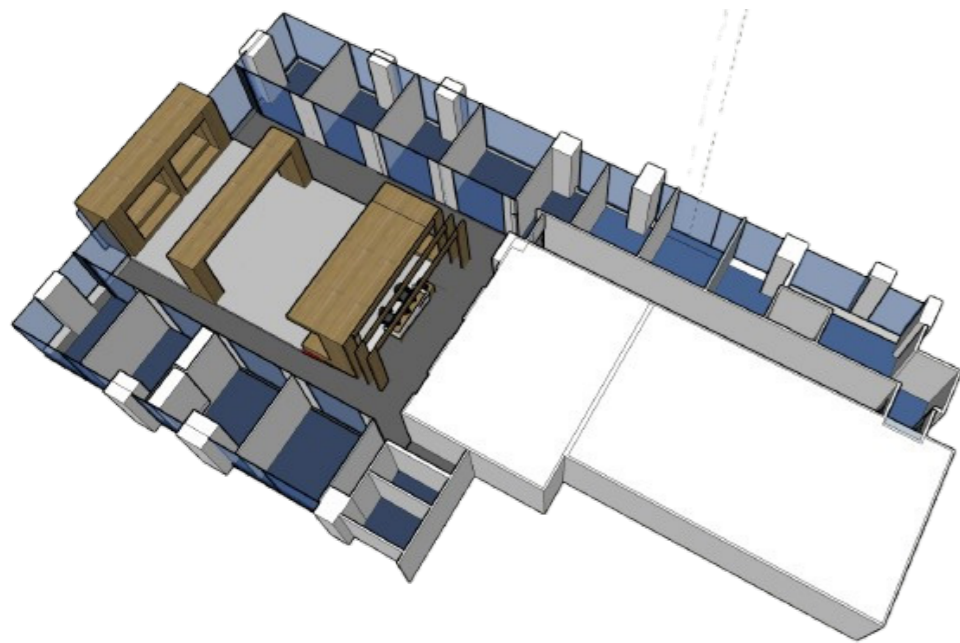
Mood & Inspiration Precedent Board

Concept

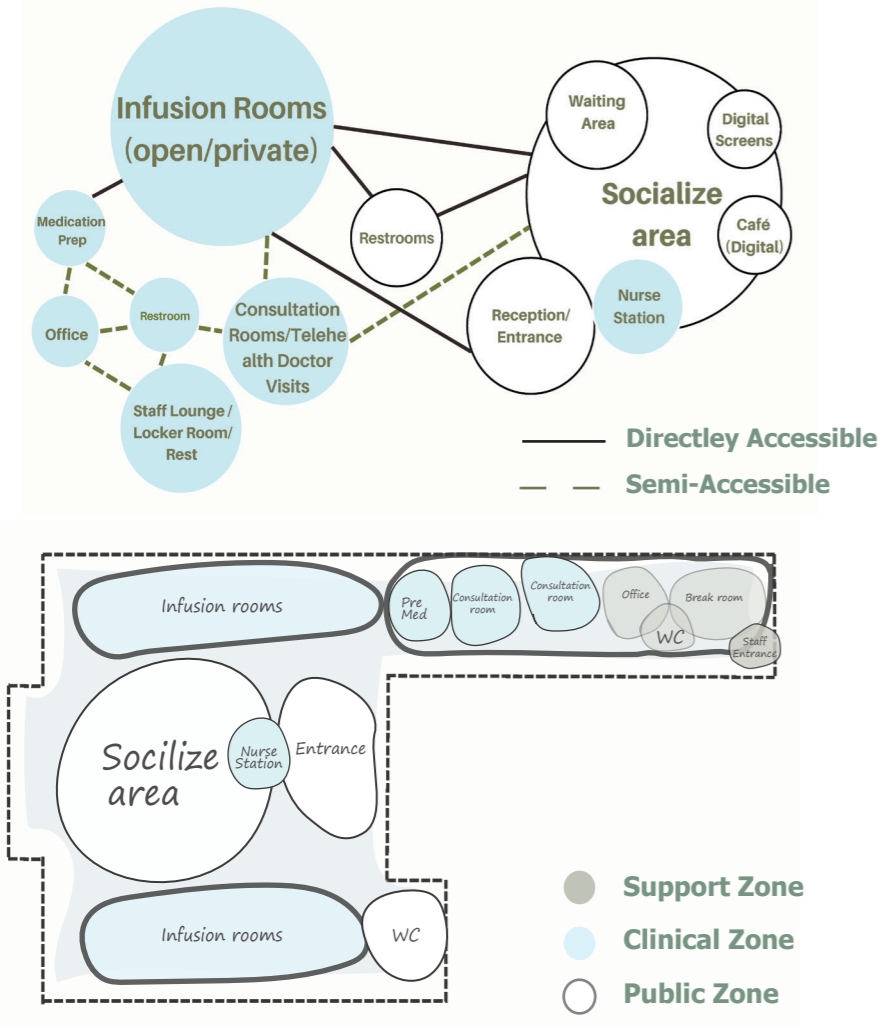
Inspired by spring as a season of renewal and regeneration, the project employs a biophilic design framework to translate natural growth cycles into spatial strategies aligned with neurophysiological principles, supporting restoration, balance, and holistic wellbeing within a clinical environment.



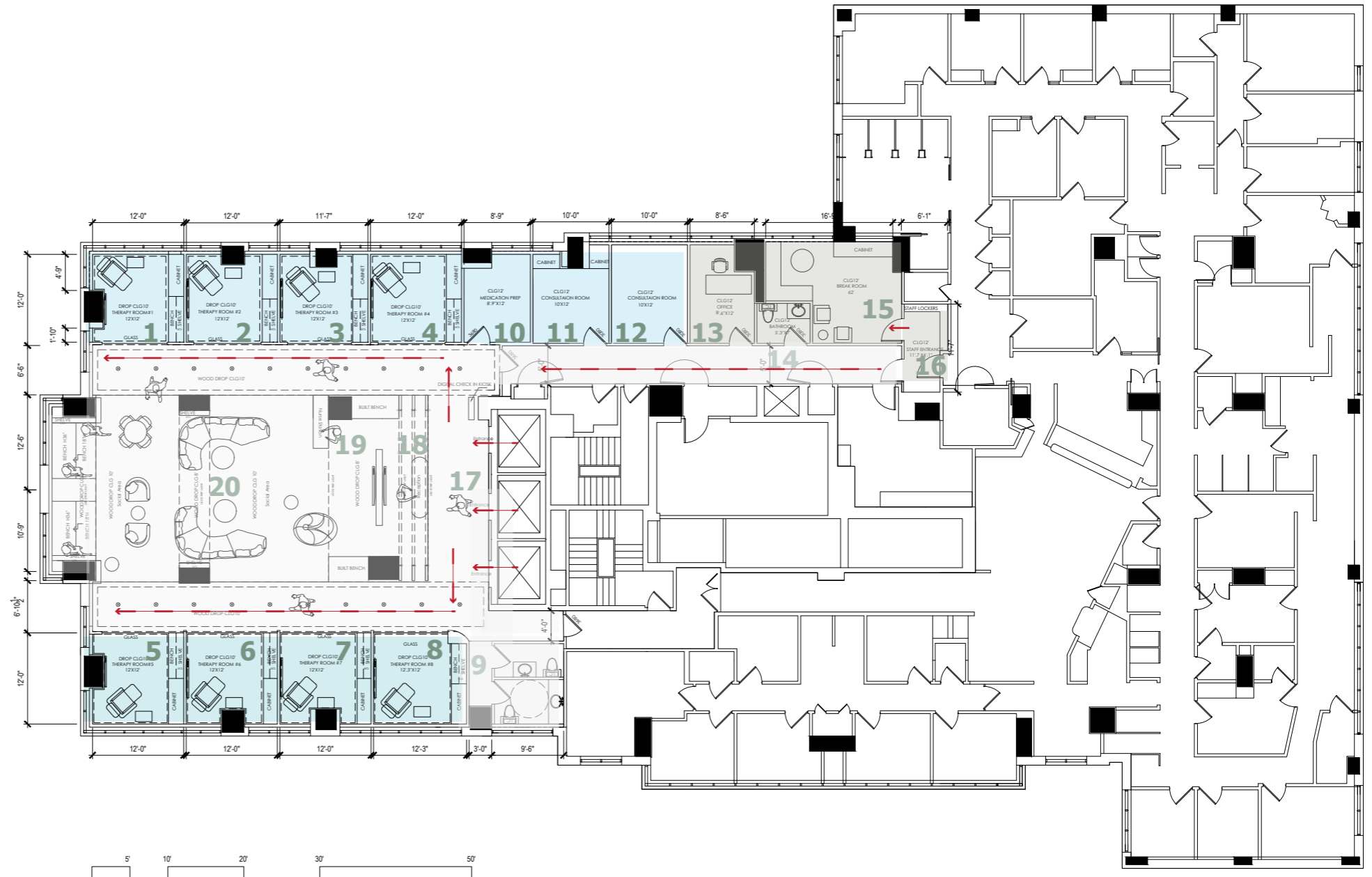
AXONOMETRIC VIEW



BUBBLE DIAGRAM



FLOOR PLAN

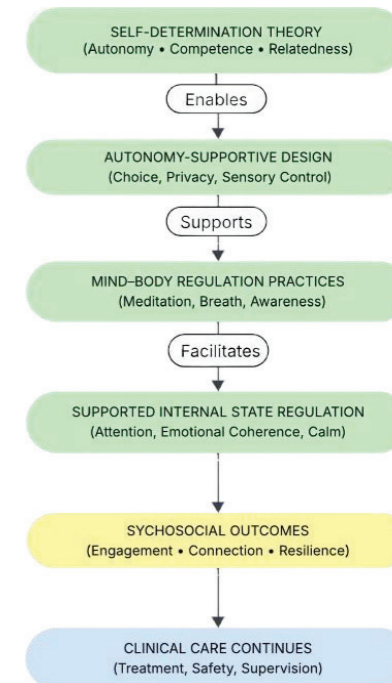


AREA: APPROX 4,500 SF

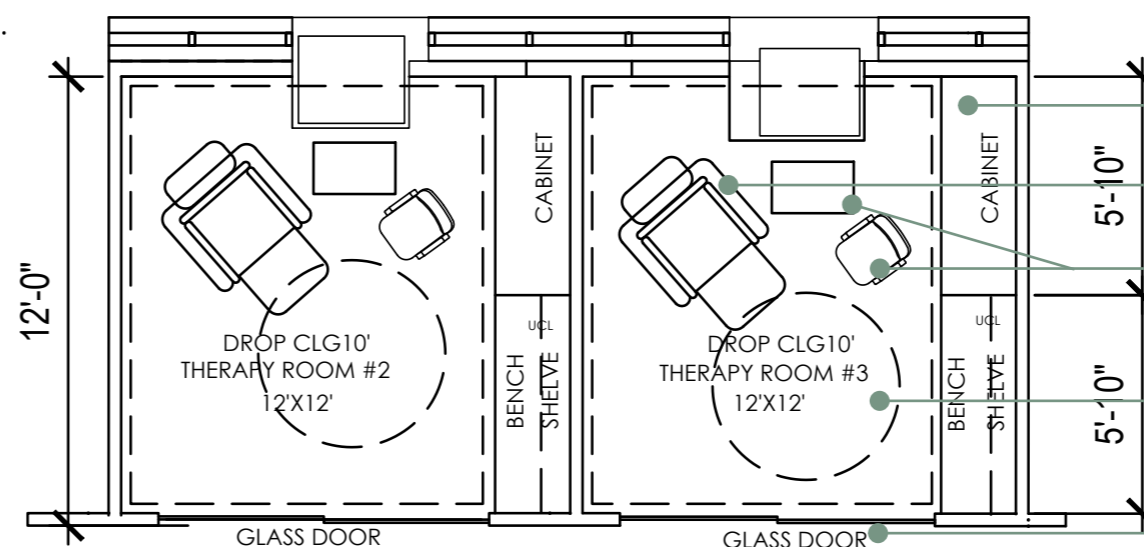
- 1-8 Infusion Rooms
- 9- Bathrooms
- 10- Pre Med Room
- 11/12- Consultation Rooms
- 13- Office
- 14- Staff Bathroom
- 15- Breakroom
- 16- Staff Entrance
- 17- Entrance
- 18- Reception
- 19- Nurse Station
- 20- Socilize Area

PURPOSE STATEMENT

- Provide a dedicated wellness-focused infusion environment for AYA patients receiving non-chemotherapy treatments.
- Create a comfortable, socially engaging, and age-appropriate setting that supports peer connection and community.
- Support mental, emotional, and physical well-being through biophilic and restorative design strategies.
- Integrate holistic healing practices, including meditation, education, and mind-body workshops informed by Dr. Joe Dispenza's mind-body approach, offering patients the opportunity to learn about and engage with these practices as part of a supportive care environment.
- Support empowerment and personal growth beyond clinical care through social connection, identity, autonomy, privacy, and dignity.



Infusion Room



**Wilsonart high pressure laminate
Anasazi Crown-Y0286**

**Stand Assist - Motorized recliner
with patient assist by Carolina**

**Stray
Physician's stool & Caregiver
support station by Carolina**

**60" ADA accessible turnaround
clearance**

**Vitrm - Glass Door
Stealcase**



Social Area



Rendering generated by AI

Design Philosophy

Biophilic Design: Natural light, planting, and organic forms are used to create visual and physical connections to nature that reduce stress and support psychological comfort.

Well-Being Focus: Material selections prioritize emotional comfort, patient dignity, and a non-institutional experience while maintaining full clinical compliance.

Sustainability: Responsibly sourced, low-emission materials support indoor environmental quality in alignment with LEED and WELL Building Standard principles.

Materials



Problem and Solution

Infusion Rooms – Design Challenge

Problem

- The key challenge was deciding between a fully private infusion room model or an open-bay layout.
- Patients have different needs for privacy, social interaction, and emotional comfort during treatment.
- The space needed to support engagement without compromising autonomy or dignity.

Solutionm

- Infusion rooms were designed as private rooms with glass doors, giving patients control over privacy.
- Doors can be left open, closed, or visually obscured to adjust levels of interaction.
- Rooms are arranged on both sides of a central social infusion area, allowing patients to participate socially if desired while maintaining a private retreat when needed.

Furnitures



Reception

Rendering generated by AI



Infusion Room

Rendering generated by AI



Noé



Lona - Denro



Carolina- Modular lounge



Lona - Lounge

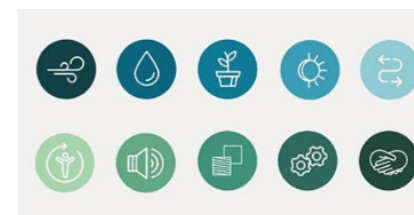


Stand Assist - Motorized recliner with patient assist



Flexxy-Task stools by OFS

Sustainable & Health-Focused Design Approach



Lighting: Tunable, dimmable LED lighting with daylight and occupancy sensors to support circadian health and energy efficiency.

Water: Low-flow fixtures and accessible hydration stations to support wellness and conservation.

Acoustics: Cleanable, healthcare-rated acoustic ceilings to reduce noise and support comfort.

Clinical Flooring: Seamless, heat-welded sheet vinyl for infection control and durability.

Non-Clinical Materials: Sealed wood and biophilic finishes to create a warm, non-institutional atmosphere.



Project 02

Project Area 3,600 sqft
Designer Mona Soleiman
Type Full Remodeling

Design Preview

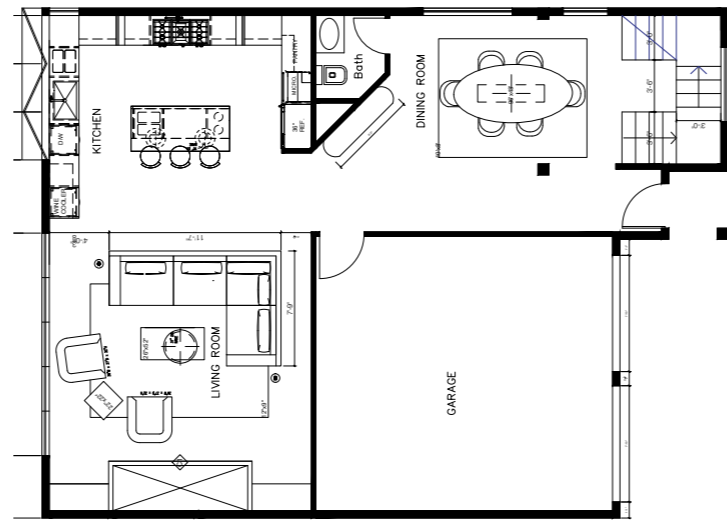
The project serves a couple seeking a more functional and flexible home that supports remote work while comfortably accommodating visiting children and grandchildren. The design focuses on improving spatial organization, increasing natural light, and enhancing the home's ability to host family gatherings and overnight stays.



Design Goals

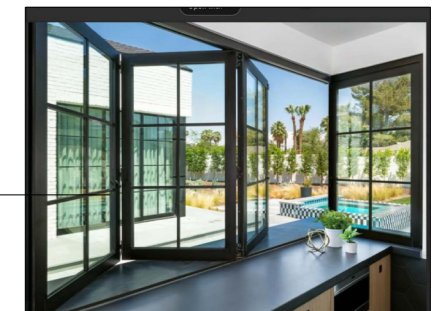
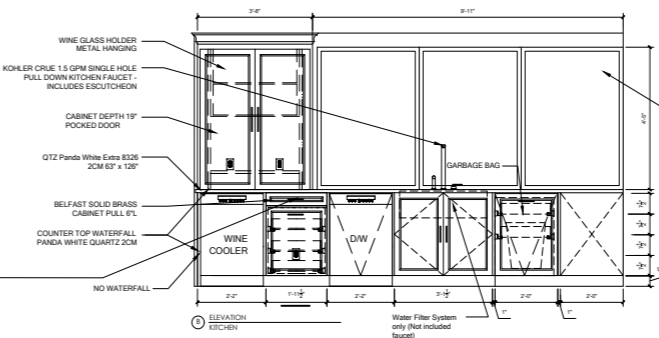
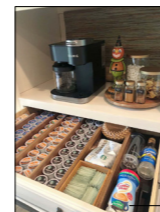
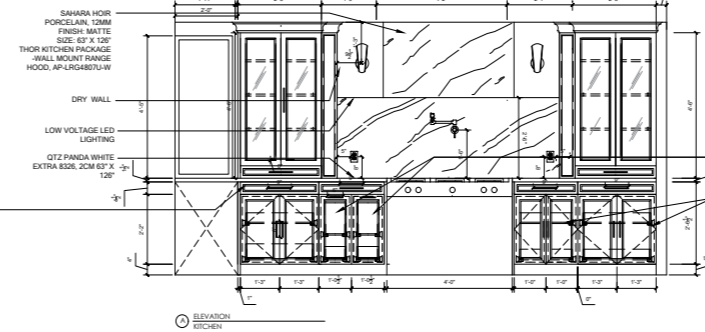
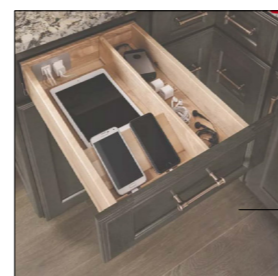
- Staircase Relocation
- Larg Office-Second Floor
- Enhanced Natural Light

The space was transformed into an open, modern kitchen with enhanced natural light. Daylight was maximized by closing two small existing windows on the cabinet wall and introducing a large adjacent bifold window that spans the entire kitchen, creating a seamless connection to the outdoors. Black and white marble, paired with glass-front cabinets and stained wood shelving, adds a refined and contemporary character.



First Floor Layout Plan

- Nero Marquina Polished
- Panda White Polished
- Dura Seal Quick Coat Stain Country White
- White Dove
- Black Iron
- Raindrop pendant





Living Room



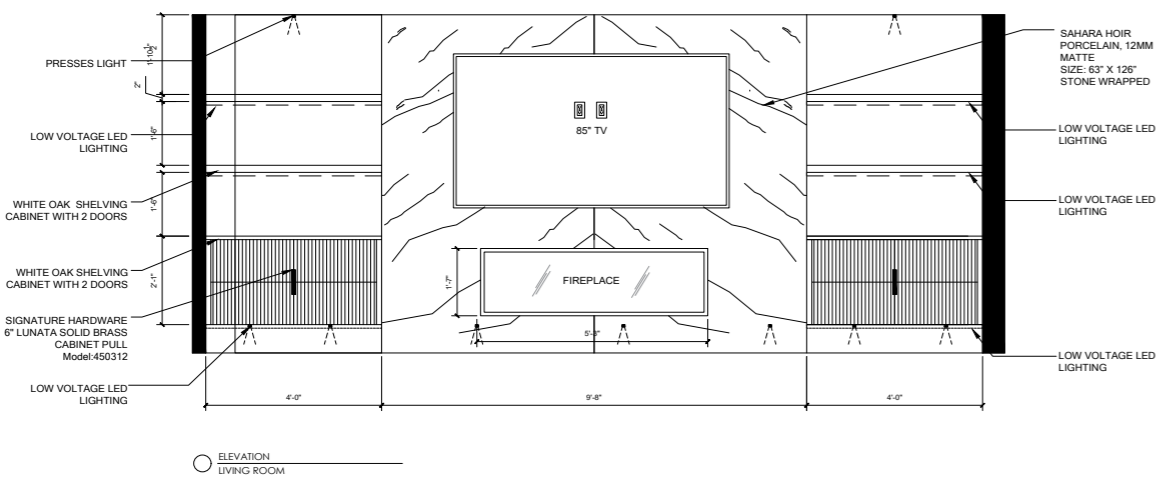
Entrance and Dining Room



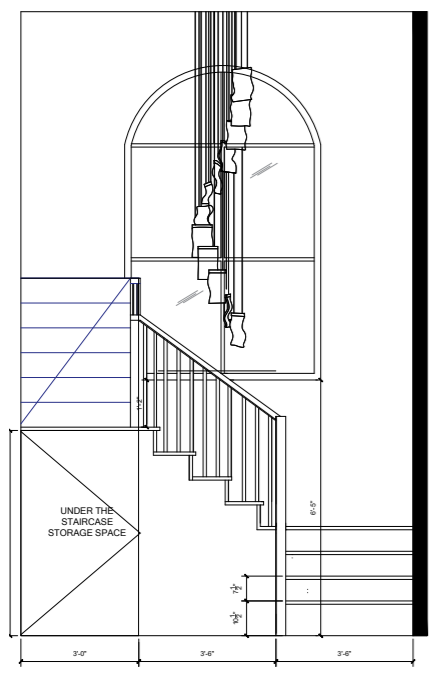
Dining Room

Desig Strategic

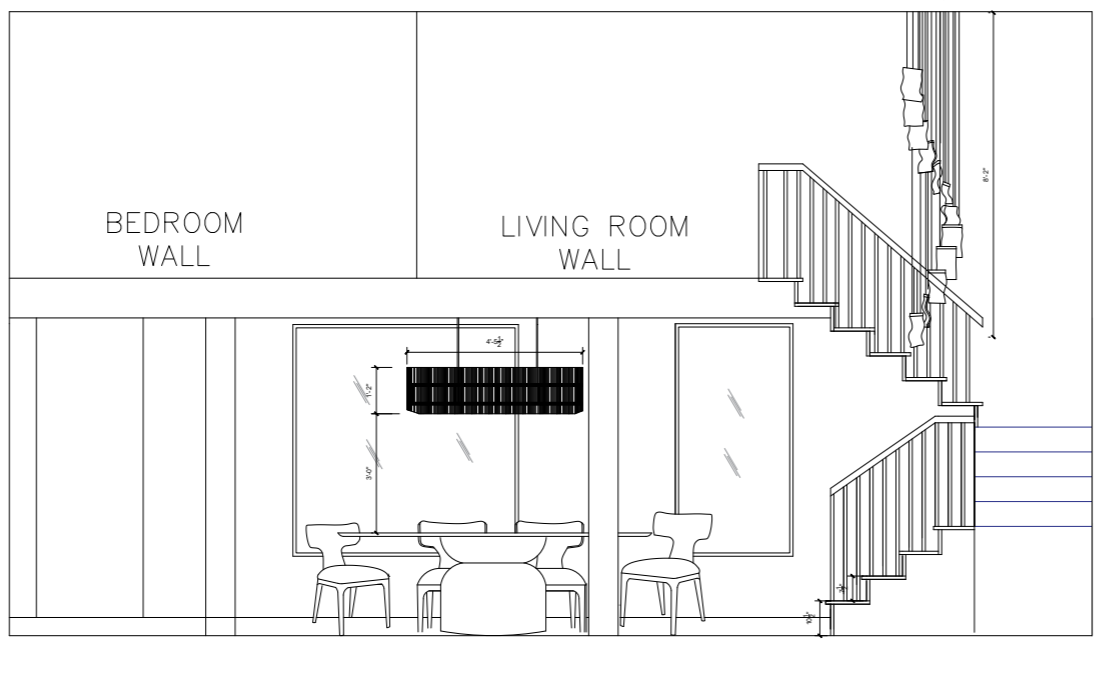
- Strategic spatial and lighting interventions create a warm, welcoming entry and dining area.
- Bifold openings in the living room enhance natural light and indoor–outdoor connection.
- Enlarged windows frame greenery and increase natural daylight in the dining area.
- Material continuity is reinforced through the staircase using matching wood and black iron finishes.
- A large arched window along the staircase brings light across both levels and enhances vertical openness.



ELEVATION LIVING ROOM



ELEVATION STAIRCASE

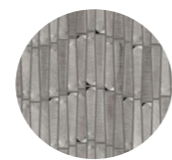
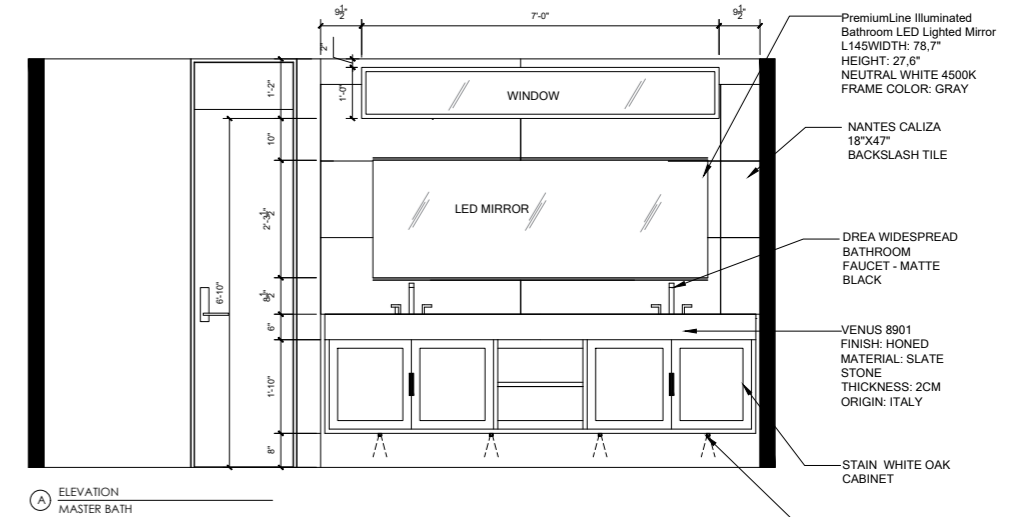
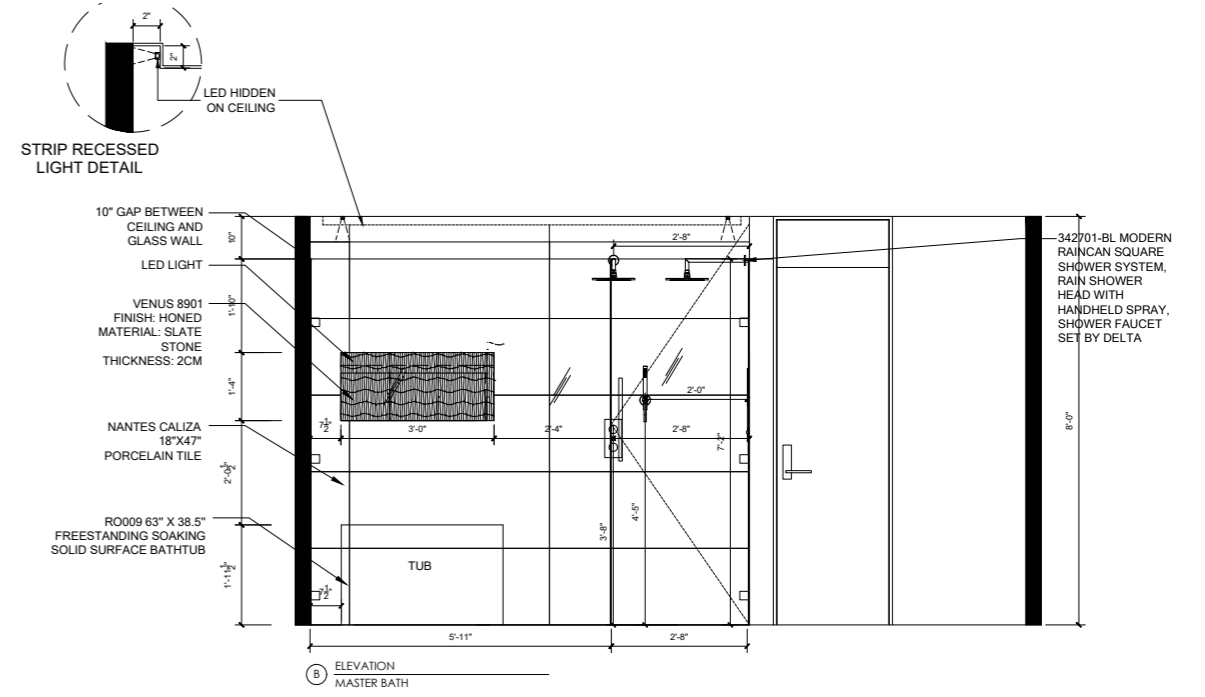
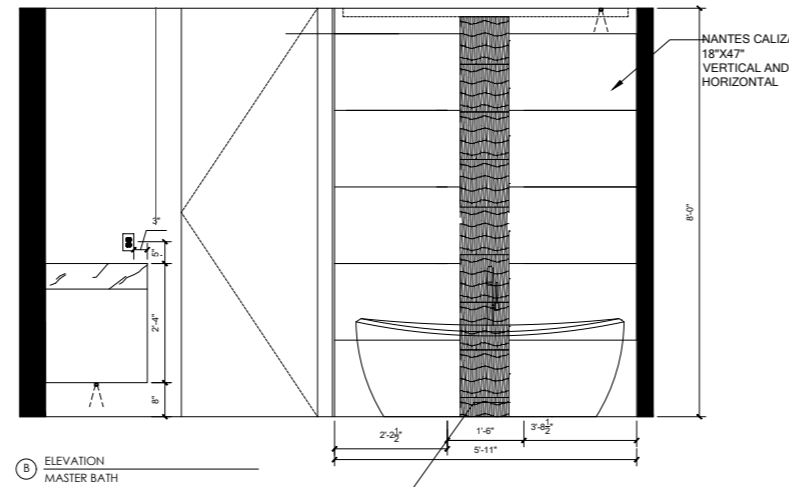


ELEVATION DINING ROOM



Design Master Bathroom

This modern master bathroom features a sculptural freestanding tub set against Nantes Caliza porcelain for a soft, serene backdrop. Porcelanosa Gravity Aluminum Wave Metal adds texture in the shower, while wood cabinetry with DuraSeal Country White stain and Nero Marquina-polished finishes create a refined, contemporary balance.



Porcelanosa Gravity Aluminum Wave Metal



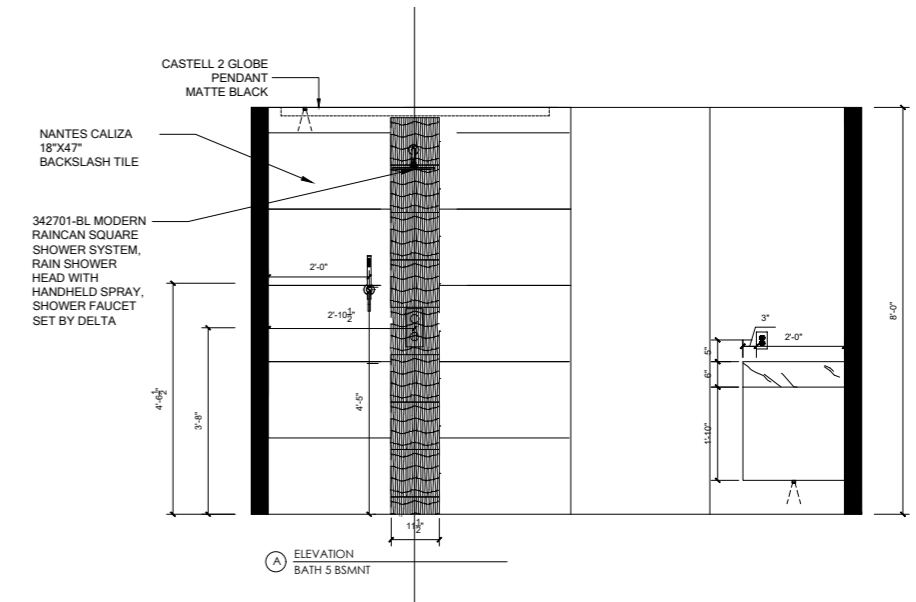
Dura Seal Quick Coat Stain Country White



Nantes Caliza

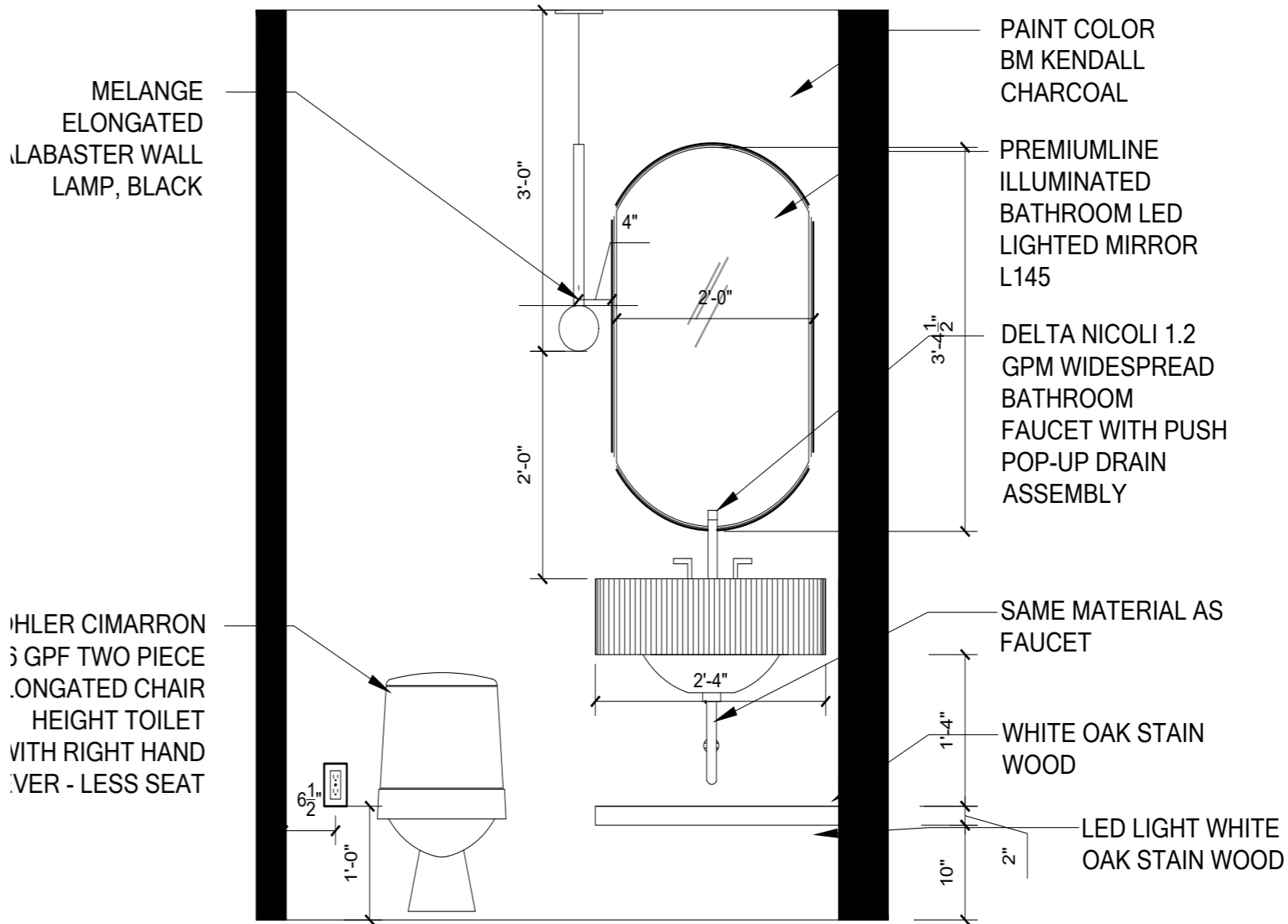


Nero Marquina Polished





Rendering developed by external 3D artist based on design by Mona Soleiman



PHILIP VAN DER MEER CIMARRON 3 GPF TWO PIECE ELONGATED CHAIR HEIGHT TOILET WITH RIGHT HAND OVER - LESS SEAT

ELEVATION POWDER ROOM

Powder Room Design

The powder room design embraces a dark and moody aesthetic, featuring rich, deep tones and sophisticated finishes. This creates an intimate and dramatic atmosphere, perfect for a guest experience.



Cleopatra Diamond Pepper Black and Bianco White Marble



Marble Sink with Shelf - Calacatta Viola Wall-Mounted Sink



Project 03

Project Area 2,800 sqft
Designer Mona Soleiman
Type Partial Remodeling

Design Preview

I transformed a dark and confined space into a bright, open, and inviting home. The aim was to refresh the house by creating more space for a family with two children, while accommodating guests for sports gatherings.

Design Goals

Create a larger, more functional kitchen that supports daily family use

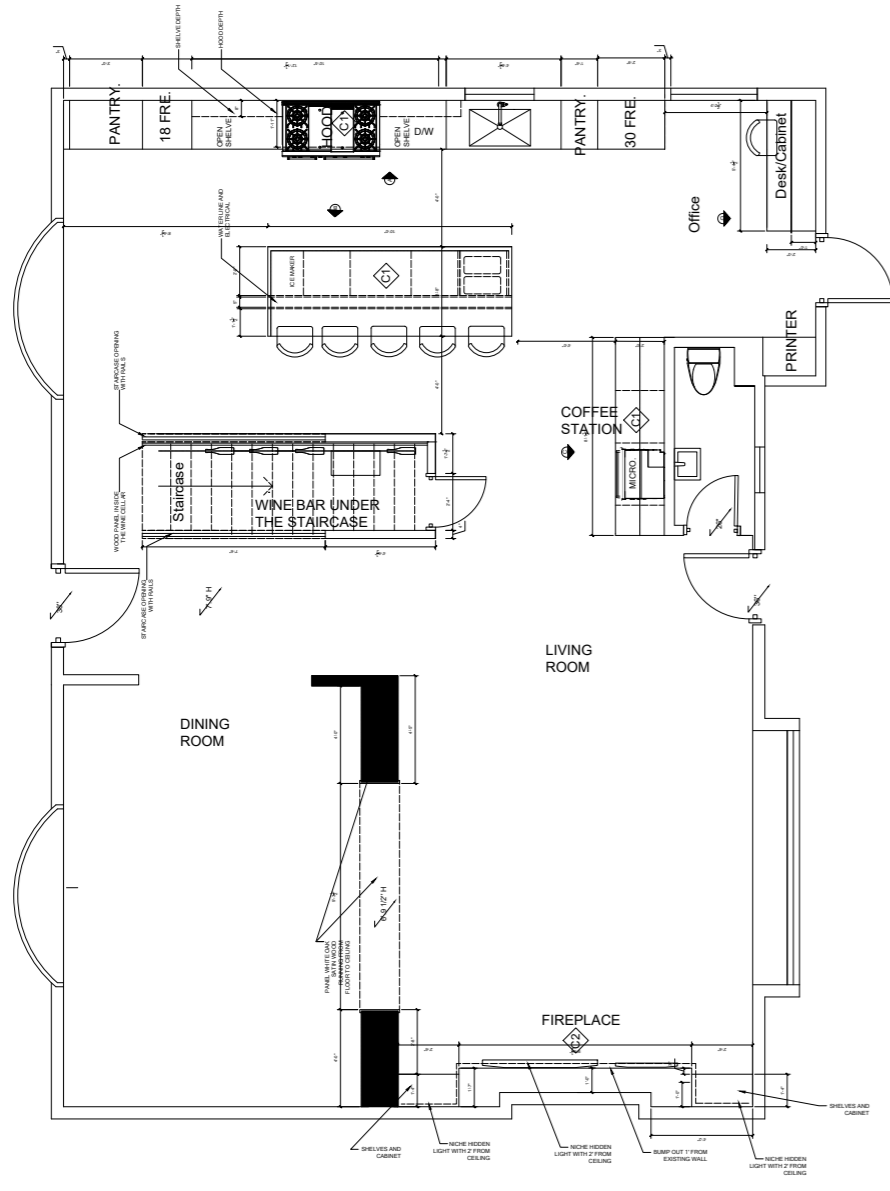
Enhance natural light to improve comfort, openness, and overall spatial

Expand the living space to better accommodate guests

Design Concept



This remodeling concept is grounded in a calm, timeless palette of warm neutrals, soft textures, and layered materials. Natural finishes, subtle contrasts, and refined details are used to create a cohesive environment that feels both modern and inviting, enhancing light, comfort, and everyday livability throughout the home.



First Floor Layout Plan



Dura Seal Quick Coat Stain Country White



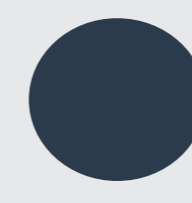
Mont Blanc Series-Quartzite



Lastering American Clay for Fireplace Surrounds



White Dove OC-17

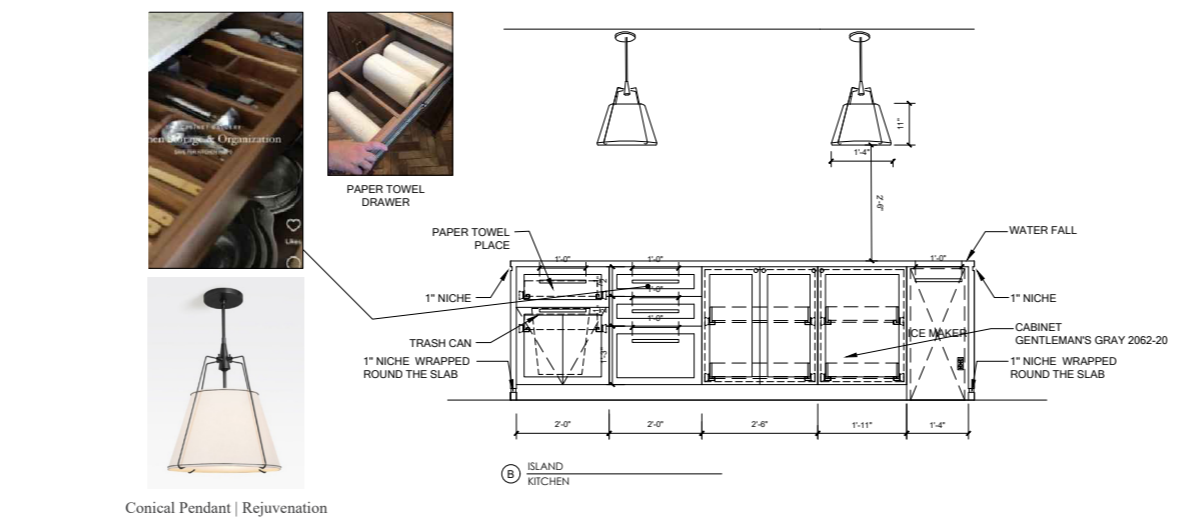
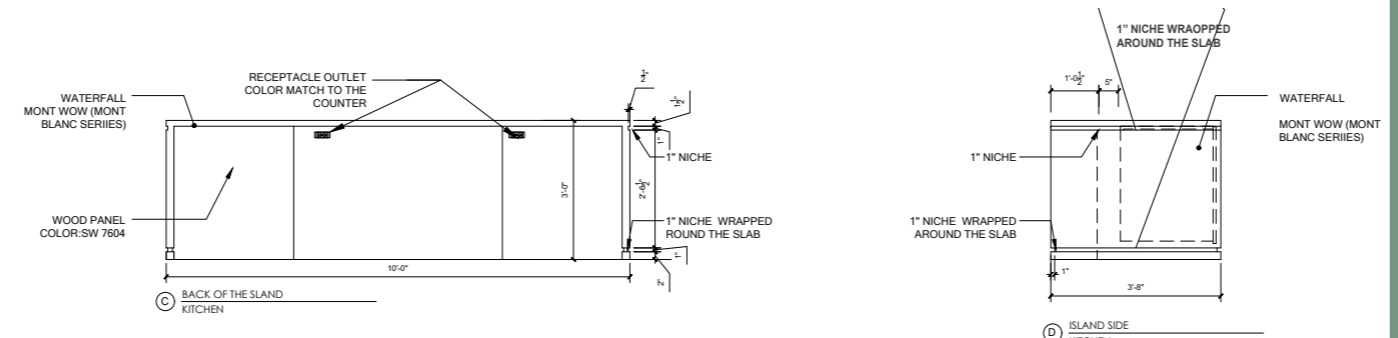
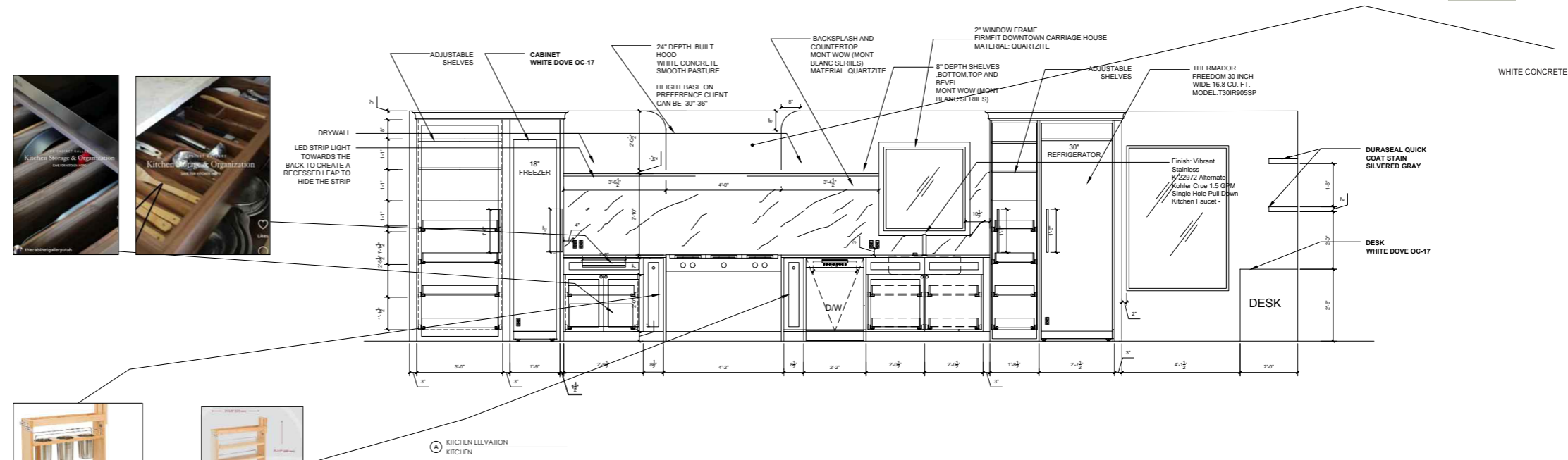


SW6244 Naval



Iron - Iron - sataircase rails and wine celler frame

Kitchen Design



Challenge:
The kitchen lacked sufficient space for a large island and family gatherings, while still needing an office and breakfast nook and also the project had a limited budget, with no option to remodel extensively or add new windows.

Solution:
By opening the wall between the kitchen and office, existing natural light was brought natural light into the kitchen, allowing for a large central island as well. The office was relocated to the former nook area to take advantage of an existing tall window, creating a bright and cozy workspace.

Result:
The design achieved a spacious kitchen with a generous island for family and friends, a light-filled breakfast nook for daily use, and a warm, inviting home office, all without adding new windows or relocate the existings.

Design Feature

Staircase

Challenge: As the kitchen scope expanded with extensive cabinetry and pantry storage, there was a need to activate the under-stair area while strengthening the visual impact of the entry. A fully enclosed wine cellar was desired but not feasible within the project budget.

Outcome: The space beneath the staircase was reimagined as a custom wine display using cost-effective materials, integrated LED lighting, and a cohesive black-and-wood palette. Opening the staircase enhanced visual connectivity and transformed the entry into a refined architectural focal point that supports entertaining and elevates the home's overall

Living Room

The wall between the living and dining rooms was removed to create a more open and inviting layout. Continuous wood-framed trim unifies the kitchen, wine cellar, and fireplace wall, while aligned windows enhance natural light, resulting in a bright, cohesive, and harmonious living environment.



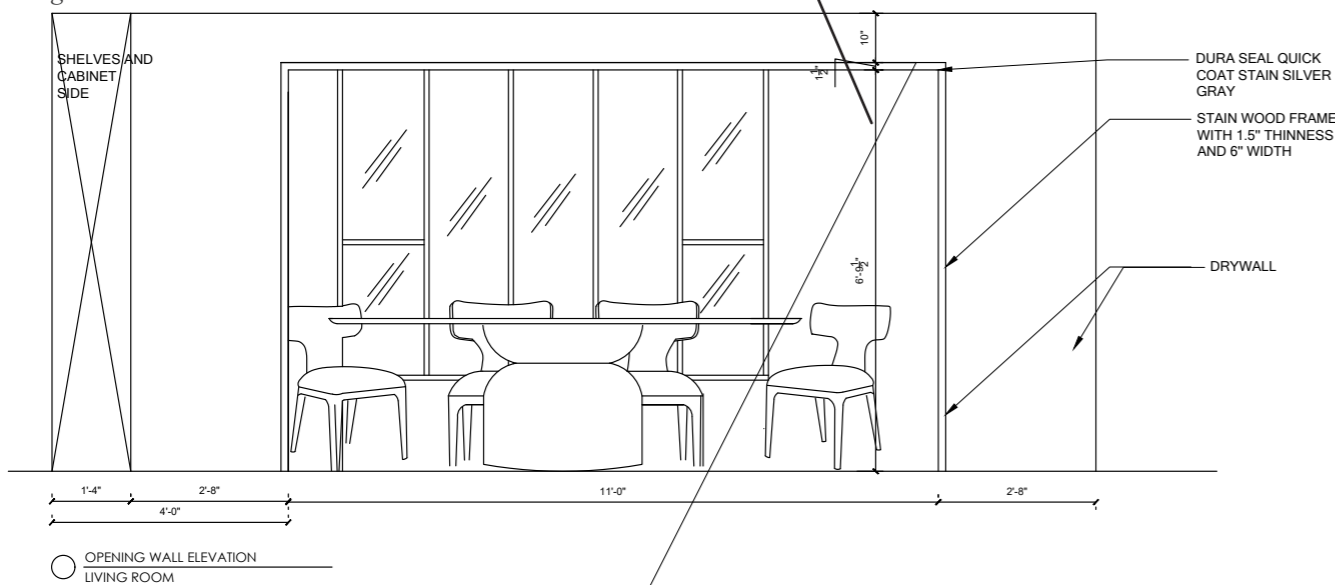
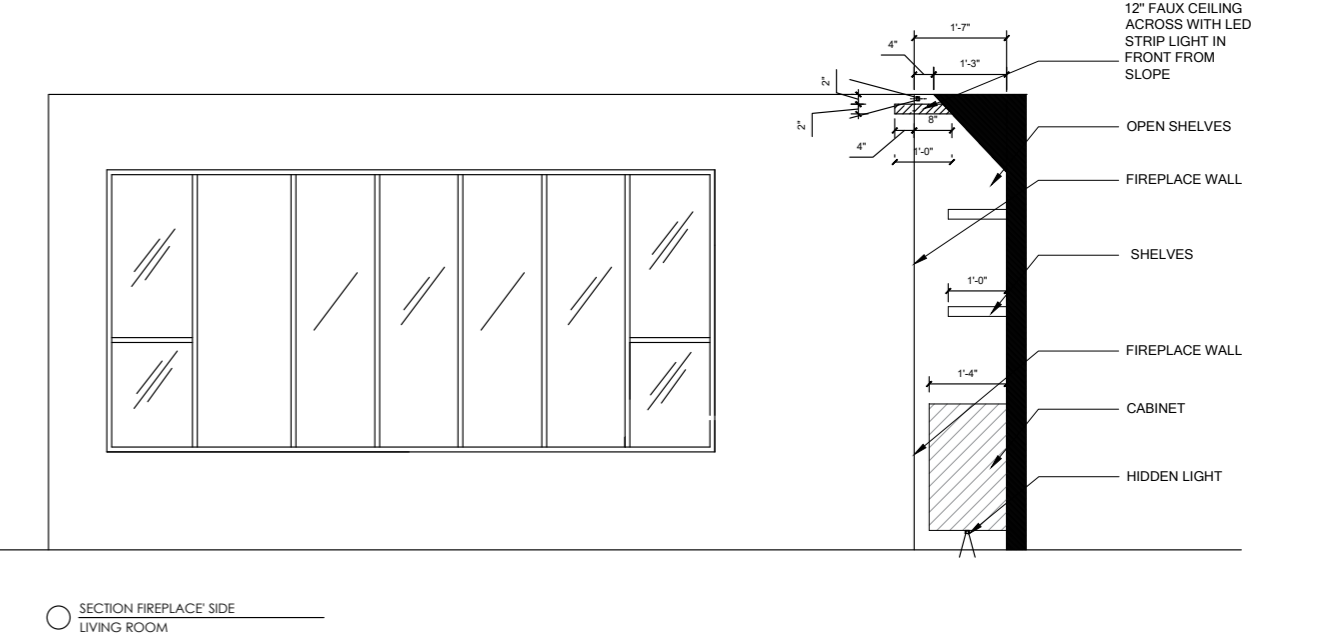
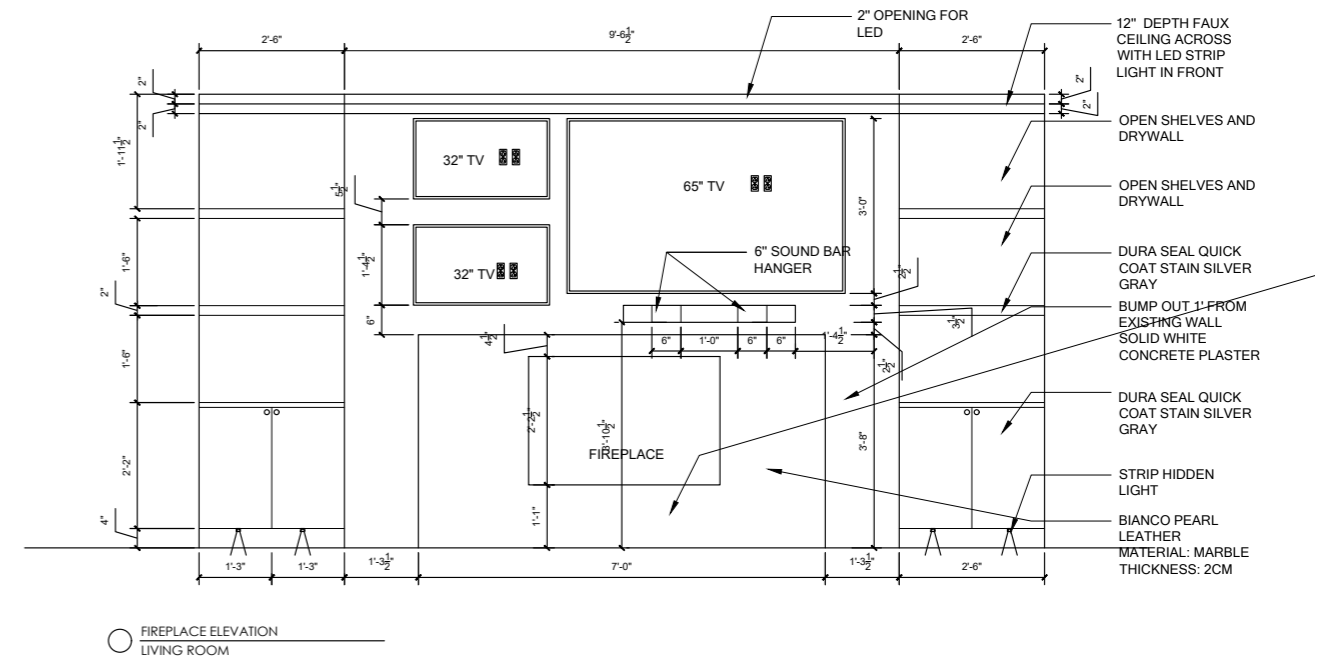
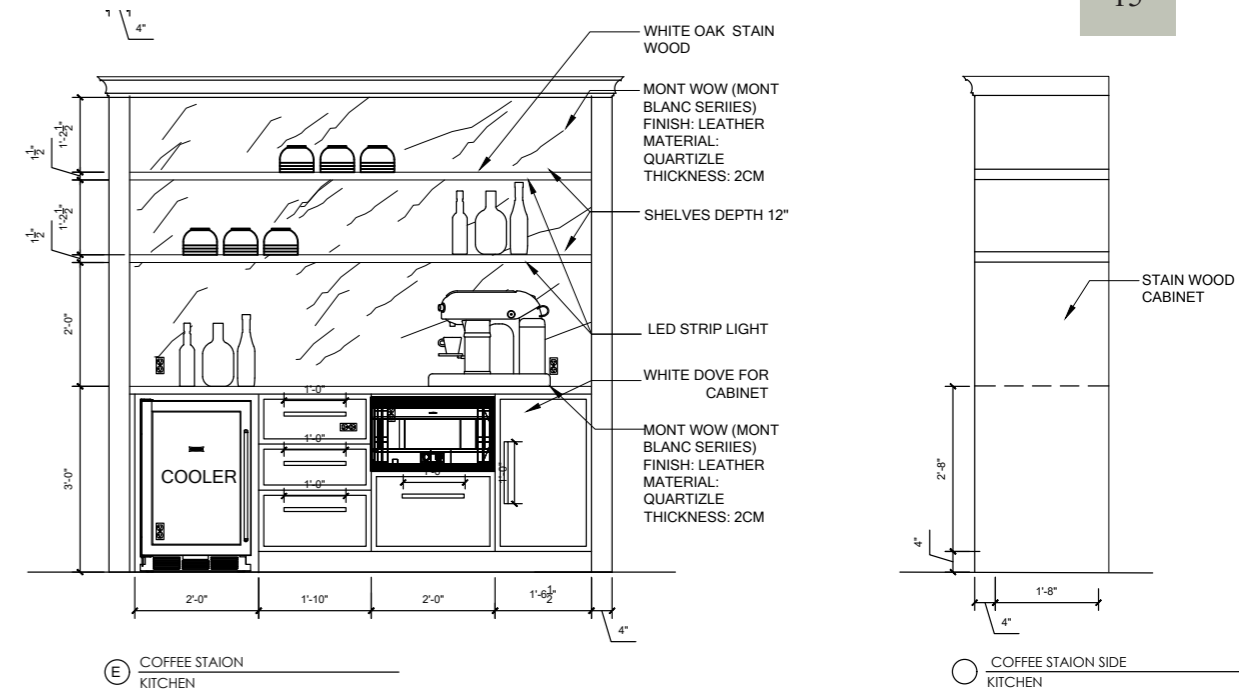
Coffee Bar



Entrance



Living Room



PORTFOLIO

In Progress